

# 2009 MSHSL Section 3A Championships Girls

Adrian Country Club Oct. 29, 2009

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME SPREAD	
1	Adrian	56	1	2	3	20	30	44	56	16:15.1	1:46.2
2	Mountain Lak	63	8	10	11	16	18	42	59	16:25.4	0:42.4
3	Canby/Mineot	118	4	12	23	33	46	76	78	16:58.8	2:09.0
4*	Montevideo	125	7	9	34	35	40	50	53	17:00.7	1:42.3
5*	Luverne	125	6	13	25	32	49	58	66	17:03.4	2:08.1
6	Worthington	177	15	22	45	47	48	55	73	17:33.0	1:27.4
7	Windom	178	17	24	36	41	60	65	68	17:33.2	1:47.6
8	Redwood Valley	183	5	37	38	51	52	64	70	17:30.4	2:21.2
9	Jackson Coun	205	21	29	31	57	67	69	100	17:44.9	1:51.7
10	Hills Beaver	226	19	28	43	61	75			17:56.0	2:23.2
11	Springfield/	324	14	54	84	85	87	93	94	19:09.4	3:44.2
12	Lakeview	337	39	62	72	74	90	92	101	18:57.8	2:57.8
13	Tracy/Milroy	345	26	77	79	80	83	97	98	19:12.9	2:57.3
14	Murray Count	382	27	82	86	91	96	99		19:59.7	4:21.5
15	Maccray	392	63	71	81	88	89	95		19:41.0	1:52.5

Incomplete Teams: Bold, Southwest Mn, Pipestone, Yellow Medic

## 1. Adrian

1	Jordin Kopplow, 9	15:32.5
2	Nicole Slater, 8	15:47.4
3	Megan Sauer, 9	15:47.5
20	Morgan Sauer, 7	16:49.4
30	Alissa Sauer, 11	17:18.7
44	Elissa Thier, 9	17:56.7
56	Nicole Knips, 8	18:23.0
Total Time = 1:21:15.5		Total Places = 56

7.	Windom	
17	Emily Turner, 11	16:45.9
24	Kelcey Olson, 10	17:04.0
36	Emily Grandprey, 12	17:35.0
41	Amy Green, 10	17:47.5
60	Mary Green, 9	18:33.5
65	Kylie Willard, 10	18:41.3
68	Meredith Hentges, 10	18:48.4
Total Time = 1:27:45.9		Total Places = 178

## 2. Mountain Lak

8	Karina Fast, 11	16:04.8
10	Petra Nelson, 12	16:16.4
11	Sierra Harder, 12	16:20.7
16	Lydia Hildebrandt, 7	16:37.9
18	Karen Herrig, 12	16:47.2
42	Nadya Bucklin, 12	17:48.0
59	Brianna Southirong, 7	18:32.4
Total Time = 1:22:07.0		Total Places = 63

8.	Redwood Valley	
5	Gabi Swoboda, 11	15:53.2
37	Kara Thul, 11	17:36.1
38	Mary Fixsen, 7	17:36.3
51	Stacy Liebl, 9	18:11.7
52	Evan Buysse, 11	18:14.4
64	Katelyn Prouty, 11	18:39.3
70	Brooke Bitker, 11	18:52.0
Total Time = 1:27:31.7		Total Places = 183

## 3. Canby/Mineot

4	Leah Jessen, 8	15:52.7
12	Erin Kamrath, 10	16:32.6
23	Dana Kraus, 11	17:01.2
33	Morgan Merritt, 8	17:25.7
46	Chelsea Deslauriers, 12	18:01.7
76	Grace Berckes, 9	19:14.3
78	Haily Citrowske, 8	19:16.2
Total Time = 1:24:53.9		Total Places = 118

9.	Jackson Coun	
21	Leslie Handzus, 11	16:54.4
29	Angela Handzus, 9	17:17.9
31	Megan Johnson, 11	17:18.9
57	Hope Belknap, 11	18:27.2
67	Kinbrae Bezdicek, 11	18:46.1
69	Breanne Rentschler, 11	18:48.9
100	Sarah Christopher, 11	23:29.6
Total Time = 1:28:44.5		Total Places = 205

## 4\*. Montevideo

7	Hannah Ehling, 11	16:04.7
9	Makena Hofer, 10	16:05.9
34	Beth Ostlie, 12	17:31.3
35	Heather Rickert, 11	17:34.2
40	Eleni Binsfeld, 10	17:47.0
50	Anna Carruth, 10	18:11.4
53	Ashley Rodeberg, 12	18:14.7
Total Time = 1:25:03.1		Total Places = 125

10.	Hills Beaver	
19	Whitney Wilgenburg, 11	16:47.7
28	Siera Wilgenburg, 10	17:16.3
43	Jenna Wilgenburg, 7	17:48.0
61	Gabby Leuthje, 8	18:37.0
75	Heather Esselink, 12	19:10.9
Total Time = 1:29:39.9		Total Places = 226

## 5\*. Luverne

6	Anna Tofteland, 8	16:00.0
13	Makayla Hohn, 8	16:34.7
25	Naomi Dooyema, 7	17:13.2
32	McKayla Schilling, 9	17:20.8
49	Melanie VanMeeteeren, 10	18:08.1
58	Paige Nath, 10	18:28.7
66	Rachel Saum, 12	18:43.2
Total Time = 1:25:16.8		Total Places = 125

11.	Springfield/	
14	Emily Scholtz, 11	16:36.2
54	Megan Lipetzky, 10	18:18.5
84	Megan Plotz, 11	20:15.2
85	Megan Pierson, 7	20:16.7
87	Morgan Trebesch, 7	20:20.4
93	Elizabeth Groebner, 8	20:38.0
94	Emily Voehl, 7	20:44.3
Total Time = 1:35:47.0		Total Places = 324

## 6. Worthington

15	Lydia Kemper, 9	16:37.2
22	Kaitlin Gerber, 12	16:59.1
45	Allison Jaycox, 12	17:59.6
47	Stephanie Behrens, 11	18:04.1
48	Deann Naab, 12	18:04.6
55	Sarah Cham, 11	18:20.7
73	Stephanie Jaycox, 9	18:57.6
Total Time = 1:27:44.6		Total Places = 177

12.	Lakeview	
39	Carly Doom, 12	17:36.8
62	Bridgette Louwagie, 11	18:37.1
72	Caitlin Louwagie, 8	18:56.2
74	Nicole Louwagie, 10	19:04.2
90	Ciara Gibeon, 9	20:34.6
92	Laura Olson, 10	20:37.1
101	Christina Olson, 12	24:51.1
Total Time = 1:34:48.9		Total Places = 337

13. Tracy/Milroy

26	Karli Tholen, 10	17:14.0
77	Charly Morgan, 8	19:14.9
79	Cecilia Trejo, 10	19:39.3
80	Haley Hebig, 12	19:44.6
83	Naomi Krause, 10	20:11.3
97	MØhesi Haugen, 12	22:33.7
98	Heidi Bengtson, 10	22:33.7
Total Time = 1:36:04.1		Total Places = 345

15. Maccray

63	Kathryn Stalnaker, 12	18:38.9
71	Baillie Hauser, 9	18:52.0
81	Nicole Hoberg, 11	19:51.4
88	Jenna Feifark, 11	20:31.1
89	Brittany Hoberg, 8	20:31.4
95	Haylee Sandry, 8	20:46.8
Total Time = 1:38:24.8		Total Places = 392

14. Murray Count

27	Lexy Gleis, 11	17:15.2
82	Breanna Breberg, 8	20:10.2
86	Emily Sechser, 7	20:20.1
91	Jamie Schnoor, 9	20:35.9
96	Suzie Buesing, 12	21:36.7
99	Mirjam Reichard, 11	22:56.9
Total Time = 1:39:58.1		Total Places = 382

PLACE	TEAM SCORE	FINISHER	TIME	TEAM
1	1	Jordin Kopplow, 9	15:32.5	Adrian
2	2	Nicole Slater, 8	15:47.4	Adrian
3	3	Megan Sauer, 9	15:47.5	Adrian
4	4	Leah Jessen, 8	15:52.7	Canby/Mineot
5	5	Gabi Swoboda, 11	15:53.2	Redwood Valley
6	6	Anna Tofteland, 8	16:00.0	Luverne
7	7	Hannah Ehling, 11	16:04.7	Montevideo
8	8	Karina Fast, 11	16:04.8	Mountain Lak
9	9	Makena Hofer, 10	16:05.9	Montevideo
10	10	Petra Nelson, 12	16:16.4	Mountain Lak
11	11	Sierra Harder, 12	16:20.7	Mountain Lak
12	12	Erin Kamrath, 10	16:32.6	Canby/Mineot
13	13	Makayla Hohn, 8	16:34.7	Luverne
14	14	Emily Scholtz, 11	16:36.2	Springfield/
15	15	Lydia Kemper, 9	16:37.2	Worthington
16	16	Lydia Hildebrandt, 7	16:37.9	Mountain Lak
17	17	Emily Turner, 11	16:45.9	Windom
18		Jessica Senkyr, 7	16:47.1	Bold
19	18	Karen Herrig, 12	16:47.2	Mountain Lak
20	19	Whitney Wilgenburg, 11	16:47.7	Hills Beaver
21	20	Morgan Sauer, 7	16:49.4	Adrian
22	21	Leslie Handzus, 11	16:54.4	Jackson Coun
23	22	Kaitlin Gerber, 12	16:59.1	Worthington
24	23	Dana Kraus, 11	17:01.2	Canby/Mineot
25	24	Kelcey Olson, 10	17:04.0	Windom
26		Megan DeRuyter, 10	17:05.6	Southwest Mn
27	25	Naomi Dooyema, 7	17:13.2	Luverne
28	26	Karli Tholen, 10	17:14.0	Tracy/Milroy
29	27	Lexy Gleis, 11	17:15.2	Murray Count
30	28	Siera Wilgenburg, 10	17:16.3	Hills Beaver
31	29	Angela Handzus, 9	17:17.9	Jackson Coun
32	30	Alissa Sauer, 11	17:18.7	Adrian
33	31	Megan Johnson, 11	17:18.9	Jackson Coun
34	32	McKayla Schilling, 9	17:20.8	Luverne
35	33	Morgan Merritt, 8	17:25.7	Canby/Mineot
36	34	Beth Ostlie, 12	17:31.3	Montevideo
37	35	Heather Rickert, 11	17:34.2	Montevideo
38	36	Emily Grandprey, 12	17:35.0	Windom
39	37	Kara Thul, 11	17:36.1	Redwood Valley
40	38	Mary Fixsen, 7	17:36.3	Redwood Valley
41	39	Carly Doom, 12	17:36.8	Lakeview
42	40	Eleni Binsfeld, 10	17:47.0	Montevideo
43	41	Amy Green, 10	17:47.5	Windom
44	42	Nadya Bucklin, 12	17:48.0	Mountain Lak
45	43	Jenna Wilgenburg, 7	17:48.0	Hills Beaver
46	44	Elissa Thier, 9	17:56.7	Adrian
47	45	Allison Jaycox, 12	17:59.6	Worthington
48	46	Chelsea Deslauriers, 12	18:01.7	Canby/Mineot
49	47	Stephanie Behrens, 11	18:04.1	Worthington
50	48	Deann Naab, 12	18:04.6	Worthington
51	49	Melanie VanMeeteeren, 10	18:08.1	Luverne
52	50	Anna Carruth, 10	18:11.4	Montevideo
53	51	Stacy Liebl, 9	18:11.7	Redwood Valley
54	52	Evan Buysse, 11	18:14.4	Redwood Valley
55	53	Ashley Rodeberg, 12	18:14.7	Montevideo
56		Kendal Borning, 9	18:16.0	Yellow Medic
57	54	Megan Lipetzky, 10	18:18.5	Springfield/
58	55	Sarah Cham, 11	18:20.7	Worthington
59	56	Nicole Knips, 8	18:23.0	Adrian
60	57	Hope Belknap, 11	18:27.2	Jackson Coun

61		Michelle Dinesen, 9	18:28.6	Yellow Medic
62	58	Paige Nath, 10	18:28.7	Luverne
63		Lauren Trudel, 12	18:30.3	Yellow Medic
64	59	Brianna Southirong, 7	18:32.4	Mountain Lak
65	60	Mary Green, 9	18:33.5	Windom
66	61	Gabby Leuthje, 8	18:37.0	Hills Beaver
67	62	Bridgette Louwagie, 11	18:37.1	Lakeview
68	63	Kathryn Stalnaker, 12	18:38.9	Maccray
69	64	Katelyn Prouty, 11	18:39.3	Redwood Valley
70	65	Kylie Willard, 10	18:41.3	Windom
71	66	Rachel Saum, 12	18:43.2	Luverne
72	67	Kinbrae Bezdicek, 11	18:46.1	Jackson Coun
73	68	Meredith Hentges, 10	18:48.4	Windom
74	69	Breanne Rentschler, 11	18:48.9	Jackson Coun
75	70	Brooke Bitker, 11	18:52.0	Redwood Valley
76	71	Baillee Hauser, 9	18:52.0	Maccray
77	72	Caitlin Louwagie, 8	18:56.2	Lakeview
78	73	Stephanie Jaycox, 9	18:57.6	Worthington
79	74	Nicole Louwagie, 10	19:04.2	Lakeview
80	75	Heather Esselink, 12	19:10.9	Hills Beaver
81	76	Grace Berckes, 9	19:14.3	Canby/Mineot
82	77	Charly Morgan, 8	19:14.9	Tracy/Milroy
83	78	Haily Citrowske, 8	19:16.2	Canby/Mineot
84	79	Cecilia Trejo, 10	19:39.3	Tracy/Milroy
85		Claire Haubrich, 11	19:43.4	Pipestone
86		Tess Cooper, 10	19:44.5	Pipestone
87	80	Haley Hebig, 12	19:44.6	Tracy/Milroy
88		Megan Walhof, 11	19:45.9	Southwest Mn
89	81	Nicole Hoberg, 11	19:51.4	Maccray
90		Mariah Lundstrum, 11	19:58.5	Bold
91	82	Breanna Breberg, 8	20:10.2	Murray Count
92	83	Naomi Krause, 10	20:11.3	Tracy/Milroy
93	84	Megan Plotz, 11	20:15.2	Springfield/
94	85	Megan Pierson, 7	20:16.7	Springfield/
95	86	Emily Sechser, 7	20:20.1	Murray Count
96	87	Morgan Trebesch, 7	20:20.4	Springfield/
97		Allison Carmany, 8	20:22.9	Yellow Medic
98	88	Jenna Feifark, 11	20:31.1	Maccray
99	89	Brittany Hoberg, 8	20:31.4	Maccray
100	90	Ciara Gibeon, 9	20:34.6	Lakeview
101	91	Jamie Schnoor, 9	20:35.9	Murray Count
102	92	Laura Olson, 10	20:37.1	Lakeview
103	93	Elizabeth Groebner, 8	20:38.0	Springfield/
104		Janet Cid, 11	20:38.3	Pipestone
105	94	Emily Voehl, 7	20:44.3	Springfield/
106	95	Haylee Sandry, 8	20:46.8	Maccray
107		Meg Viland, 12	21:04.0	Pipestone
108	96	Suzie Buesing, 12	21:36.7	Murray Count
109	97	MØhesi Haugen, 12	22:33.7	Tracy/Milroy
110	98	Heidi Bengtson, 10	22:33.7	Tracy/Milroy
111	99	Mirjam Reichard, 11	22:56.9	Murray Count
112	100	Sarah Christopher, 11	23:29.6	Jackson Coun
113	101	Christina Olson, 12	24:51.1	Lakeview